



Healing Broken Hearts Workshop

- * Are you currently going through a separation or divorce?
- * Are you recently separated or divorced?
- * Would you like to connect with others experiencing the same thing?

This 12-week workshop will help you with the emotional and spiritual aspects of divorce and separation. Based on Dr. Bruce Fisher's highly regarded healing model, "Rebuilding After Divorce" (www.rebuilding.org) this workshop will take you through a proven process for putting one's life back together. Built on more than two decades of research and practice, the Rebuilding model has made the divorce/separation process less traumatic for thousands of people.

Dates: Monday evenings, September 15 - November 17, 2008
10 meetings total

Time: 7:00 - 8:30 PM

Location: Smith Library in the First Congregational Church of Oakland
2501 Harrison Street at 27th Street
(Across from Whole Foods Market)

Cost: \$120 if registered by September 8th, \$140 after September 8th
Fee does NOT include the Rebuilding book and workbook (Approx. \$32)

Facilitator: Dr. Bonnie Pollack, Ph.D. in Psychology, member of the American Psychological Association, Certified in Collaborative Divorce, Mediation, and Facilitation methods

**Free Information
Session
September 8th**

For Information or to Register:

Contact "Dr. Bonnie" at 510-336-0765 or bnpollack@hotmail.com

Important Notes: This workshop is NOT group therapy. It is an educational, structured, experiential workshop for learning and support. Class size limited to 12.